

缩写	全称	汉语翻译	用法示例
a mil	a million	一百万（常指钱）	Their house cost 2 mil dollars.
a sec	a second	一会儿、一秒	Give me a sec, I'm almost ready.
abs	abdominal muscles	腹肌	He works out daily to build his abs.
admin	administration	行政（工作 / 部门）	She works in admin at a law firm.
ad	advertisement	广告	I saw a funny ad for a new phone.
app	application	应用程序	Which apps do you use for studying?
BFF	best friend forever	永远的好朋友	Sarah is my BFF—we've been friends for 10 years.
bro	brother	兄弟（男性朋友）	Hey bro, want to watch the game tonight?
butt	buttocks	臀部	Ouch! I fell and hurt my butt.
carbs	carbohydrates	碳水化合物	Pasta and bread are high in carbs.
celeb	celebrity	名人	She met a famous celeb at the party.
comfy	comfortable	舒适的	This chair is so comfy, I could sit here all day.
congrats	congratulations	恭喜	Congrats on your promotion! That's amazing!
convo	conversation	对话	We had a long convo about our travel plans.
decaf	decaffeinated	无咖啡因的（饮料）	I'll order a decaf coffee, please—I can't drink caffeine at night.
delish	delicious	美味的	This cake is delish—where did you buy it?
detox	detoxification	排毒（过程）	She's doing a detox to feel healthier.
detox	detoxify	排毒（动作）	After the holidays, I need to detox my body.
doc	doctor	医生	The doc said I need more exercise.
fab	fabulous	极好的	Your performance was fab—everyone loved it!
fave	favourite	最喜欢的（人 / 物）	Ice cream is my fave dessert.
grad	graduate	毕业生	She's a college grad and now works in tech.
burger	hamburger	汉堡	Let's grab burgers for lunch.

ID	identification	身份证明	Don't forget to bring your ID to the airport.
info	information	信息	Can you send me the info about the meeting?
intro	introduction	介绍（开头部分）	The intro of the movie was really exciting.
lab	laboratory	实验室	They did a science experiment in the lab.
legit	legitimate	合法的；靠谱的	Is this a legit website? I don't want to get scammed.
limo	limousine	豪华轿车	Celebrities often arrive at events in a limo.
mag	magazine	杂志	She reads fashion mags every month.
max	maximum	最大值 / 极限	I can wait 10 minutes max—then I have to leave.
meds	medications	药物	Don't forget to take your meds every day.
pecs	pectorals	胸肌	He does push-ups to strengthen his pecs.
pic	picture	照片	Send me the pic from our trip, please!
prep	prepare	准备（动词）	I need to prep for my exam tonight.
prep	preparatory	预备的（形容词）	She took prep classes before the exam.
prep	preparation	准备（名词）	Cooking this dish requires a lot of prep.
prob(s)	problem(s)	问题	No prob—I'll help you with the project.
pro	professional	专业人士 / 专业的	He's a pro photographer—his work is amazing.
rad	radical	酷的；极好的	That concert was so rad—I want to go again!
ref	referee	裁判	The ref called a penalty in the game.
rehab	rehabilitate	康复（治疗）	He's rehabbing his knee after the injury.
reps	repetitions	重复（次数，健身）	I did 3 reps of 15 push-ups at the gym.
rep	representative	代表	She's a sales rep for a famous company.
rep	represent	代表（动词）	He reps our team at international competitions.
sax	saxophone	萨克斯风	He plays the sax in a jazz band.
sis	sister	姐妹（女性朋友）	Hey sis, can I borrow your jacket?

site	website	网站	Check out their new site—it's very user-friendly.
sub	submarine	潜艇；潜水艇三明治	We saw a submarine in the museum. / I'll order a veggie sub
sub	substitute	替代品 / 替补	The teacher was absent, so we had a sub today.
sub	substitute	替代（动词）	Can I sub water for milk in this recipe?
sync	synchronization	同步（名词）	Our team is in sync—we work really well together.
sync	synchronize	同步（动词）	I need to sync my phone with my computer.
undies	underwear	内衣	She bought a new pair of undies.
uni	university	大学	He's studying engineering at uni.
veggie	vegetable	蔬菜（的）	She's a vegetarian and loves veggie burgers.
vet	veteran	资深人士；退伍军人	My uncle is a vet who served in the army.
vet	veterinarian	兽医	The vet said our cat needs more exercise.
vid	video	视频	Did you see the funny vid she posted online?
vocab	vocabulary	词汇	Learning new vocab is important for language skills.
W	win	胜利（体育 / 俚语）	Our team got a W in the game last night!
wiz	wizard	奇才（某领域高手）	He's a math wiz—he can solve any problem quickly.