

練習 1 根據音標寫出完整句子

/'dɒktəz/ /seɪ/ /wi:/ /kən/ /stop/ /sʌm/ /hɑ:t/ /'prɒbləmz/.

/ði:z/ /'prɒbləmz/ /kən/ /meɪk/ /'pi:pl/ /daɪ/.

/ə/ /'stʌdi/ /faʊnd/ /ðæt/ /məʊst/ /'pi:pl/ /wɪð/ /hɑ:t/ /'prɒbləmz/ /hæd/

/'wɔ:nɪŋ/ /saɪnz/.

*/'wɔ:nɪŋ/ /saɪnz/ /ə/ /θɪŋz/ /laɪk/ /haɪ/ /'blʌd/ /'preʃə/ /ɔ:/ /haɪ/ /'kɒlɪstə
rɒl/.*

/wi:/ /kən/ /meɪk/ /ði:z/ /'ləʊə/.

練習 2 補全缺失的元音字母

W__ c__n e__t h__althy f__od, do ex__rcise, and stop sm__king.

The st__dy l__ked at nine m__ll__on people. They had h__rt
pr__bl__ms or str__kes.

練習 3 補全缺失的輔音字母

A resear__er said heart __blems have a __ew risk fa__ors.

He said we __ould wa__ch the things that cau__e heart problems.

We wa__ to find ways to make the ri__ sma__er.

練習 4 整理出相同元音發音的單字

· /æ/:

· /i:/:

· /ɑ:/:

· /ʊ/:

· /əʊ/:

練習 5 選擇正確答案

1. What can doctors help stop?
 - A. Cancer
 - B. Heart problems
 - C. Strokes only
 - D. Smoking
2. What can heart problems cause?
 - A. Happiness
 - B. Death
 - C. Lower blood pressure
 - D. Exercise
3. What are examples of warning signs?
 - A. Healthy food
 - B. High blood pressure or cholesterol
 - C. Exercise
 - D. Smoking
4. How many people did the study look at?
 - A. Nine thousand
 - B. Nine million
 - C. Nine hundred
 - D. Nine hundred thousand

5. What should we do about risk factors?

- A. Ignore them
- B. Watch them carefully
- C. Make them bigger
- D. Stop studying them

參考答案

練習 1:

Doctors say we can stop some heart problems. These problems can make people die. A study found that most people with heart problems had warning signs. Warning signs are things like high blood pressure or high cholesterol. We can make these lower.

練習 2:

We can eat healthy food, do exercise, and stop smoking. The study looked at nine million people. They had heart problems or strokes.

練習 3:

A researcher said heart problems have a few risk factors. He said we should watch the things that cause heart problems. We want to find ways to make the risk smaller.

練習 4:

/æ/: had, factors, at, can

/i:/: people, these, eat, healthy, researcher

/ɑ:/: heart, start, problems, hard

/ʊ/: look, could, should

/əʊ/: cholesterol, lower, smoking, show

練習 5:

1B; 2B; 3B; 4B; 5B